



Rice as Self: Japanese Identities through Time (Princeton Paperbacks)

Emiko Ohnuki-Tierney

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Are we what we eat? What does food reveal about how we live and how we think of ourselves in relation to others? Why do people have a strong attachment to their own cuisine and an aversion to the foodways of others? In this engaging account of the crucial significance rice has for the Japanese, *Rice as Self* examines how people use the metaphor of a principal food in conceptualizing themselves in relation to other peoples. Emiko Ohnuki-Tierney traces the changing contours that the Japanese notion of the self has taken as different historical Others--whether Chinese or Westerner--have emerged, and shows how rice and rice paddies have served as the vehicle for this deliberation. Using Japan as an example, she proposes a new cross-cultural model for the interpretation of the self and other.

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