

Making Sense of Spirituality in Nursing and Health Care Practice: An Interactive Approach

Wilfred McSherry



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Making Sense of Spirituality in Nursing and Health Care **Practice: An Interactive Approach**

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'This is a well-written and useful book, particularly for those healthcare professionals who, with a little more confidence, and perhaps some Chaplaincy support, are well able to support their patients on their spiritual journeys. It would be an excellent tool for learning sessions between Chaplaincy and nursing staff, along with other relevant professional groups.' - Signpost 'This book considers why the spiritual needs of individuals are important. In an attempt to explain, the book uses case studies, which show the relationship of theory to practice. It is an interactive book encouraging reflection to explore the meaning of spirituality to patients and health care professionals. The exercises also attempt to explain the importance of a team approach to spiritual assessment as part of a holistic assessment. The book gives clear explanations of spirituality in the context of Holism and the different sections give plenty of food for thought. There are excellent references and suggestions for further reading. It is not a book for light reading but would be invaluable when encountering difficulties with a spiritual assessment or situation.' - Journal of Community Nursing Caring for the spiritual needs of patients is a highly significant yet often neglected and misunderstood aspect of health care. This results, in part, from a general lack of guidance and instruction given to healthcare professionals on the subject. This new edition of an established introductory guide to spirituality and health care practice draws extensively on case studies illustrating the application of theory to practice. It encourages the exploration, through reflective activities, of what spirituality means, both to patients and to the healthcare professionals caring for them. This book provides a comprehensive introduction to spiritual care for heath care professionals in all areas of practice.

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