



The Pure Joy of Monastery Cooking: Essential Meatless Recipes for the Home Cook

Victor-Antoine d'Avila-Latourrette

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A wonderful new collection of recipes from a revered cookbook author—every cook and kitchen will delight in these 200+ recipes.

Brother Victor established a lasting place in the cookbook world with his *From a Monastery Kitchen* and *12 Months of Monastery Soups*, which have sold 1.5 million and 2.5 million copies respectively worldwide.

The Pure Joy of Monastery Cooking takes Brother Victor's work a step further with his first fully illustrated cookbook. The meatless recipes collected here capture the essence of culinary and spiritual simplicity as lived at Our Lady of the Resurrection Monastery. And simplicity is here integrated with the virtues of frugality and prudence in a complete cookbook covering appetizers, soups, salads, entrees, crepes, breads, sauces, and desserts.

Brother Victor's authentic message of simple elegance provides the perfect culinary approach for today's world. The focus on local ingredients, home cooking, and fine dining is an antidote to the overhyped, overprocessed, and overproduced environment in which we live and eat. Brother Victor's authenticity shines through in his writing and in the gorgeous photographs taken in the pastoral garden of the monastery where he developed these recipes.

Every cook and kitchen will delight in these 200+ recipes—from Leeks Vinaigrette (notable in light of Brother Victor's renowned vinegars), to an extensive collection of egg and omelet dishes; crepes and pancakes; vegetarian casseroles; pasta, rice, and couscous dishes; vegetable courses; and desserts. 90+ color photographs

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Spent a free time to be fun activity to perform! A lot of people spent their down time with their family, or their own friends. Usually they undertaking activity like watching television, planning to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own free time/ holiday? May be reading a book can be option to fill your free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the e-book untitled The Pure Joy of Monastery Cooking: Essential Meatless Recipes for the Home Cook can be very good book to read. May be it could be best activity to you.

Terry Tatum:

Playing with family in a park, coming to see the water world or hanging out with buddies is thing that usually you could have done when you have spare time, subsequently why you don't try thing that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Pure Joy of Monastery Cooking: Essential Meatless Recipes for the Home Cook, it is possible to enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh come on its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Pilar Porter:

A lot of people said that they feel bored stiff when they reading a reserve. They are directly felt that when they get a half parts of the book. You can choose the actual book The Pure Joy of Monastery Cooking: Essential Meatless Recipes for the Home Cook to make your own reading is interesting. Your current skill of reading ability is developing when you like reading. Try to choose simple book to make you enjoy you just read it and mingle the opinion about book and looking at especially. It is to be initially opinion for you to like to wide open a book and study it. Beside that the guide The Pure Joy of Monastery Cooking: Essential Meatless Recipes for the Home Cook can to be your friend when you're experience alone and confuse with what must you're doing of the time.

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