



Therapists Creating a Cultural Tapestry: Using the Creative Therapies Across Cultures

Stephanie L. Brooke

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This exciting text is a comprehensive work that examines the use of art, play, music, dance/movement, and drama in different cultures and with diverse client populations. The editors' primary purpose is to explore how the creative therapies can be implemented in diverse cultures and in different countries. Renowned, well-credentialed, and professional creative arts therapists in the areas of art, play, music, dance/movement, and drama helped write this collection. Examples include the use of art in working with refugee children in Australia and with Chinese-American children; shared experiences in using dance and movement with Arabic women in Jerusalem, indigenous Inner Mongolia, and with survivors of torture. Other chapters offer stories of using drama in the Netherlands, music and other creative arts in China, play therapy in Appalachia and with different races. Additionally, there are chapters on working with children with learning disabilities as well as the use of creative arts in supervision. Some of the chapters are beautifully complimented with photographs of client works of art or play. The text provides a rich tapestry on how the creative therapies can be used across cultures for issues such as depression and trauma to name a few. Of special interest are the chapters on supervision. Not only a tool for creative art therapists, this informative book will be of special interest to educators, students, therapists, as well as people working in other parts of the world or with culturally diverse clients.

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