



Help! I'm Raising My Children Alone: A practical guide to bringing up happy, healthy kids on your own

T. D. Jakes

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No matter what your current situation, God has something special for your family.

Raising children is hard work—especially if you are trying to do it alone. In this timely book, Bishop T. D. Jakes offers help, healing, and hope, providing a practical guide to rebuilding your own life so you can build up the lives of your children.

Using discussion questions, interactive parent/child activities, and prayers at the end of each chapter, Jakes helps you learn how to embrace your family's future and let go of your painful past as you:

- Learn how to accept unexpected changes.
- Know that past failure does not prevent future success.
- Learn how to take time for yourself.
- Know that it is OK to ask for help.

“No mistake you have made in your past can stop God from blessing your children.”—T. D. Jakes

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