



# The Earth Path: Grounding Your Spirit in the Rhythms of Nature

*Starhawk*

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## **The Earth Path: Grounding Your Spirit in the Rhythms of Nature** Starhawk

America's most renowned witch and eco-feminist offers a sequel to her bestselling classic *The Spiral Dance*, weaving together the latest findings in environmental science with magical spells, chants, meditations and group exercises to create the ultimate primer on our relationship to the earth.

From the earliest times, respecting our interdependent relationship with nature has been the first step toward spirituality. Earth, air, fire and water are the four elements worshiped in many indigenous cultures and celebrated in earth-based spiritualities such as Wicca. In *The Earth Path*, America's best-known witch offers readers a primer on how to open our eyes to the world around us, respect nature's delicate balance, and draw upon its tremendous powers.

Filled with inspiring meditations, chants, and blessings, it offers healing for the spirit in a stressed world and helps readers find their own sources of strength and renewal.

Will appeal to Starhawk's traditional Pagan, New Age, and feminist readership.

Young women newly interested in magic and witchcraft.

A new and growing generation of those involved in ecology

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