



The Food Journal of Lewis & Clark: Recipes for an Expedition

Mary Gunderson, Dennis Dahlin

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The award-winning Food Journal of Lewis & Clark -- Official Cookbook for the National Council of the Lewis & Clark Bicentennial -- brings the Corps of Discovery alive through the experience of food. • Original quotes from the Captain's Journals! • More than 80 authentic, yet appealing recipes based on the foods they carried with them, foods they hunted and gathered, and foods they traded for with Indian tribes along the journey. • Fascinating maps and illustrations by Dennis Dahlin, all based on journal entries and Clark's maps of the Expedition route. • Commentary that's entertaining, engrossing, and informative.

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