



# **VerAegis - Relationships: Live Beyond Your Comfort Zone (The Legacy Series) (Volume 1)**

*James M. Haden*

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Live a balanced, fulfilled life; escalate your results. Each day, you interact predominantly confined to your comfort zone, each interaction affecting others and leaving a legacy in your wake; will your legacy be of your choosing? *VerAegis* seeks to provide insights facilitating you to achieve balance in three critical areas of your life:

- Relationships (Book 1),
- Contribution (Book 2), and
- Spirit (Book 3).

Ultimately, with balance comes the ability to significantly expand your comfort zone and masterfully orchestrate your legacy.

Why *VerAegis*? *VerAegis* is an evocative word derived from Veracity and Aegis, together invoking the essence of courage--being courageous:

**Courage and veracity** represent truth, honor, integrity, and the adherence to principles such as the golden rule--the concurrent application of courage to stand up for one's beliefs and consideration to listen confidently in order to truly understand the beliefs and convictions of others.

**Aegis** represents our spiritual connection with and protection by a higher authority, and our internal struggle to do and be good.

In Book 1 of the Legacy Series, *VerAegis--Relationships*, learn the importance of your relationships to your overall effectiveness and how relationships influence both your contribution and your spirit. Ponder the meanings of maturity, trust, and learn the value of setting appropriate boundaries based on convictions and principles. Learn techniques to improve your closest relationships and how to best manage change. Internalize the importance of reconciliation and the power of parallel thought. Become a positive force doing good for others and inspiring them to "pay it forward." What better way is there to impart a legacy?

We will all face times of stress, heartache, and pain; how we respond is our choice. Dare to live life to its fullest. Dare to direct your lasting legacy. Dare to read all three books of the Legacy Series and be VerAegis.

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