

Mixing Essential Oils for Magic: Aromatic Alchemy for Personal Blends

Sandra Kynes



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The Ultimate Guide to Mixing, Matching, and Making Essential Oils

Choose the best essential oils for your creative and magical mixing with this straightforward, hands-on guide. Through step-by-step instruction on how to measure, mix, and assess blends, you'll move beyond following others' recipes and into creating your own oil combinations.

Mixing Essential Oils for Magic offers everything you need to understand not only how to blend but also why specific blends work together. Learn how to mix oils by botanical family, scent group, and perfume note. Discover an encyclopedic listing of essential and carrier oil profiles, as well as thorough crossreferences for the oils and their magical associations. With guidance on the historical and present-day uses of essential oils, you'll make personal blending an integral part of your spiritual and magical practices.



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