



My Stroke of Luck

Kirk Douglas

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In the six decades since he took to the stage and screen, Kirk Douglas has starred in eighty-three films and nine plays, written seven books, and made a remarkable commitment to humanitarian causes throughout the world. Known internationally and across generations for playing the indomitable Spartacus, topping international bestseller lists, and building parks and schools in troubled communities, Kirk Douglas is a legend in his own time and serves as an inspiration to us all.

Now, in *My Stroke of Luck*, his vivid and very personal reflection upon his extraordinary life, Kirk Douglas finally completes his story by offering a candid and heartfelt memoir of where it all went right. Written in his own words, Douglas offers tender vignettes in tribute to the childhood that shaped him, the wife and devoted family who supported him, and the life-changing event that helped him to appreciate the gifts given to him over his eightythree years.

Revealing for the first time not only the incredible physical and emotional toll of his debilitating stroke, but how it has changed his life for the better, Douglas offers the lessons that saved him and helped him to heal. Alongside his heartfelt advice and insight, he also shares warm memories involving some of the most famous figures of our time -- including Burt Lancaster, Michael J. Fox, and Gary Cooper -- as well as others who have soared to greatness in the face of adversity.

Touching and funny, inspiring and uplifting, Kirk Douglas traces how his greatest setback became a source of strength and renewal -- leading him to find the eighth decade of his life the most fulfilling yet. Charming, soulful, and filled with personal insights and never-before-seen personal photographs, *My Stroke of Luck* is an intimate look at the real person behind the fabulous talent -- and at a life lived to its very fullest.

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Steven Clayton:

Nowadays reading books become more than want or need but also be a life style. This reading routine give you lot of advantages. Associate programs you got of course the knowledge your information inside the book that will improve your knowledge and information. The details you get based on what kind of publication you read, if you want get more knowledge just go with schooling books but if you want truly feel happy read one together with theme for entertaining including comic or novel. Typically the My Stroke of Luck is kind of publication which is giving the reader unforeseen experience.

Charles Rowe:

Playing with family in a very park, coming to see the coastal world or hanging out with good friends is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love My Stroke of Luck, you can enjoy both. It is fine combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout fellas. What? Still don't get it, oh come on its known as reading friends.

Carlos Tabor:

Are you kind of active person, only have 10 or even 15 minute in your time to upgrading your mind talent or thinking skill perhaps analytical thinking? Then you are having problem with the book as compared to can satisfy your limited time to read it because all of this time you only find publication that need more time to be study. My Stroke of Luck can be your answer as it can be read by you actually who have those short free time problems.

Adam Carter:

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