



## **Life Scripts: A Transactional Analysis of Unconscious Relational Patterns**

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*Life Scripts* is an exciting collection of contemporary writings on Life Script theory and psychotherapeutic methods. Each chapter describes an evolution of Eric Berne's original theory and brings together a stimulating range of international perspectives, theoretical positions, clinical experiences and psychotherapy practices. Each chapter contains a psychotherapy story that illustrates the theory. The concept of Life Scripts has frequently been associated with the determinism represented in theoretical scripts, yet, this book offers some new and diverse perspectives; a few chapters address the significance of early childhood experiences in forming a Life Script while other chapters reflect the perspectives of post-modernism, constructivism, existential philosophy, neuroscience, developmental research, mythology and the importance of narrative.

### Contributors

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