

# The Science of Happily Ever After: What Really Matters in the Quest for Enduring Love

Ty Tashiro



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## The Science of Happily Ever After: What Really Matters in the Quest for Enduring Love

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The Science of Happily Ever After: What Really Matters in the Quest for Enduring Love Ty Tashiro In this playful and informative exploration of the science behind how to choose a great mate, acclaimed relationship psychologist Dr. Ty Tashiro explores how to find enduring love. Dr. Tashiro translates reams of scientific studies and research data into the first book to revolutionize the way we search for love. His research pinpoints why our decision-making abilities seem to fail when it comes to choosing mates and how we can make smarter choices.

Dr. Tashiro has discovered that if you want a lifetime of happiness—not just togetherness—it all comes down to how you choose a partner in the first place. With wit and insight, he explains the science behind finding a soul mate and distills his research into actionable tips, including:

Why you get only three wishes when choosing your ideal partner.

Why most people squander their wishes and end up in unfulfilling relationships.

How wishing for the three traits that really matter can help you find enduring love.

Illustrated using entertaining stories based on real-life situations and backed by scientific findings from fields such as demography, sociology, medical science and psychology, Dr. Tashiro provides an accessible framework to help singles find their happily-ever-afters.



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