



# Boys, Girls & Body Science: A First Book About Facts of Life

*Meg Hickling*

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## **Boys, Girls & Body Science: A First Book About Facts of Life** Meg Hickling

With humour and sensitivity, *Boys, Girls & Body Science* provides no-nonsense answers for children - and parents - with questions about sex. Specifically designed for young readers, *Boys, Girls & Body Science* walks children through the wonders of their bodies in a direct, easy-to-read manner. The story begins with Nicholas, 7, and Jenny, 5, learning about different types of science in their class - from ecology to the digestive system. Then Meg Hickling, a guest speaker, comes to talk to them about a new type of science. Hickling talks about the "science names" for the children's body parts, about good and bad touches and about making babies. She coaches the children not to be embarrassed or shy about body science: "We are going to make this just like a science lesson, we will learn to think like a scientist and we will learn the scientific names for our private parts," she says.

Hickling is a Registered Nurse who has been teaching sexual education for over 25 years. She is an outstanding educator, and her ability to convey difficult material with sensitivity, gentle humour and warmth distinguishes her as a remarkable teacher and role model. In this latest publication, Hickling brings her award-winning lesson into the homes, schools and libraries of inquisitive children everywhere!

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