



Clean Eating with a Dirty Mind: Over 150 Paleo-Inspired Recipes for Every Craving

Vanessa Barajas

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Clean Eating with a Dirty Mind: Over 150 Paleo-Inspired Recipes for Every Craving Vanessa Barajas Delectable, Decadent and Downright Sinful! Vanessa Barajas takes the taste buds where the conscience dare not go in her new cookbook *Clean Eating with a Dirty Mind*. In this unprecedented and stunning new book, Barajas defies all convention and delivers a satiated palate with a perfectly clear conscience.

Clean Eating with a Dirty Mind was inspired by Barajas' conviction that healthy eating doesn't have to equate to self-deprivation and guilty pleasures shouldn't have to be riddled with remorse. Complete with a perfect combination of over 150 sweet and savory recipes, *Clean Eating with a Dirty Mind* breaks the mold (and all the rules) - with the core principle- just because your food is healthy doesn't mean it has to taste that way.

Through years of experimentation and honing her skills, this self-proclaimed "dessertavore" delivers nothing short of excellence with mix of recipes sure to satisfy the most discriminating sweet tooth – all gluten, grain free and guilt free– and you got it – Paleo friendly!

Whether you're gluten-free, Paleo, love awesome food or simply want to "Bake the World a better place" ...*Clean Eating with a Dirty Mind* will surpass all expectation and cater to your every indulgence – leaving you with a whole lot less to confess and a whole lot more to enjoy!

Sample recipes include:

- Death by Chocolate Cake
- Bourbon Butter Pecan Cupcakes
- S'mores Bars
- Limoncello Pound Cake
- Moonpies
- Spiced Maple Pear Tarts
- French Onion and Bacon Quiche
- Pizza Soup
- Shepherd's Pot Pie

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