



Wit's End: Advice and Resources for Saving Your Out-of-Control Teen

Sue Scheff

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Plain Talk and Straight Answers for Parents of Troubled Teens

Wit's End is the shockingly gripping story of how Sue Scheff, a parent of a formerly troubled teen, turned her mistakes and her relationship with her daughter around. This highly practical and prescriptive book calls upon Scheff's personal experiences with finding help for her daughter. It includes the same advice that Scheff offers parents through her internationally recognized organization Parents' Universal Resource Experts (P.U.R.E.)—an advocacy group that draws parents together and helps them find ways to protect their children from destructive influences by educating them about the issues their family faces and creating a safe environment to revive familial bonds.

Using the same criteria P.U.R.E. uses to research residential treatment centers and other teen-help programs around the world, *Wit's End* provides positive, prescriptive help for families who want to put their children on the road to a safe, healthy, happy, and independent adulthood.

Wit's End is a much-needed guide—written by a parent who has been there—that helps parents navigate the choices and methods available to them and their child. It serves as an action plan that empowers parents and their children toward healing.

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