



# Brooks/Cole Empowerment Series: Social Work with Groups: A Comprehensive Workbook

*Charles Zastrow*

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Using a plentiful selection of skill-building and self-evaluation exercises, author Charles Zastrow's comprehensive, workbook-style text promotes his philosophy that you can learn group leadership skills best by practicing them in class. In this eighth edition of SOCIAL WORK WITH GROUPS: A COMPREHENSIVE WORKBOOK, Zastrow discusses topics central to a successful understanding of group leadership: stages of groups, group dynamics, verbal and nonverbal communication, types of groups, and diversity in groups. When you participate in groups, the classroom becomes a "lab" where you can experience what it's like to work in and lead the many kinds of groups the author discusses.

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