



Ketogenic Diet: 500 Ketogenic, Low Carb Recipes, for Healthy Weight Loss

Ashley Peters

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Discover 500 Ketogenic, Low Carb-Packed Recipes to a Healthy Body If you want to prepare fast, delicious and healthy meals and stick with you Ketogenic Diet then this recipe book is for you.... INSIDE THIS RECIPE BOOK you will get Ketogenic recipes covering everything from Breakfast, Stews, Main Dishes, Slow Cooker Meals and more! You will appreciate the variety and the quality of each recipe. Which one will be your new favorite? You don't have to search through multiple cookbooks trying to find new Keto Recipes. We provide 500 Ketogenic recipes to make following the Ketogenic Diet as easy as possible. We also strive to take the boredom out of eating the same foods. In just a matter of minutes you could be creating some amazing meals using the recipes in this book that will help you lose weight and feel great Check out the amazing recipes below! • Ketogenic Dump Beef Stew Dinner • Ketogenic Freezer Cheesy Meatloaf • Ketogenic Pressure Cooker Southern Corn Chicken Chowder • Ketogenic Dutch Oven BBQ Beef Short Ribs • Ketogenic Slow Cooker Chicken Lettuce Wraps • Ketogenic Mixed Berry Layer Cake • Ketogenic Chocolate Protein Pudding Live well and live longer with Ketogenic Diet: 500 Ketogenic, Low Carb Recipes, for Healthy Weight Loss

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