

Silent No More

Krista Fink



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Silent No More - From a broken relationship to the excitement of a handsome adventurer, author Krista Fink stepped into an abyss of abuse and remained in a torturous marriage until she could be silent no more. After five years, and three attempts to leave, she made the final break. Only through her own determination and the help of the YWCA Resolve Family Abuse Program was Krista able to heal from her ordeal. This book recounts her personal experiences - no holds barred - in hopes of reaching even one person in a similar situation and giving them the lifeline of help they need to climb out of their own abyss.



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