



# The Beauty Secret: The Beauty Book Every Girl Needs To Read

*Leah Stella*

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## **The Beauty Secret: The Beauty Book Every Girl Needs To Read** Leah Stella

Leah Stella set out to write *The Beauty Secret* because she knew she had to do something. For her, 6th grade was a daily struggle of battling against bullies constantly telling her that she was "the ugliest girl in school". This experience left a lasting scar that nearly destroyed her self - image. She just couldn't let another girl go through this ever again.

After years of struggling with her own beauty and watching countless others also struggling; she set out on a year long quest to find answers. Why are some girls more beautiful than others? Why can't I be one of the beautiful girls? Or, was it actually true that all girls really are beautiful?

What Leah found was shocking: beauty secrets and ugly lies. All of which have been well-kept and perpetuated throughout society for generations. Today she is excited to tell the world all of the secrets that she has unearthed with the hope of changing our perspective on beauty. She also shares the practical techniques that she developed to find her own beauty and personal style when nothing else worked.

Please share *The Beauty Secret* with your friends, sisters, and daughters. This is one secret that is not meant to be kept.

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