

# **Understanding the Self (Published in association** with The Open University)



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I judge this book to be something of a triumph. It provides many valuable insights into how social psychologists work within different paradigms and with quite different assumptions.... Throughout, the writing is clear, central issues are constantly re-examined, and sight is never lost of the whole "task" of the book... it addresses central issues both adventurously and provocatively. Students who use it are lucky to have such a feast provided, and they are bound to find the material both challenging and stimulating... there is much more about self issues in this text than in any comparable social psychology text. And that, in itself, is a major achievement' - *Self & Society* 

This accessible, broad-based and a



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