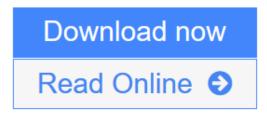


# Running Well: Run Smarter, Run Faster, Avoid Injury... and Enjoy It More! by Sam Murphy (2008-01-10)

Sam Murphy; Sarah Connors;



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