



CONFIDENCE: A "How To" Guide to Boost and Build Unbreakable, Dominant Confidence: Children and Young Adults Workbook (Building and Improving Self Image 1)

K/M Gramlich

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CONFIDENCE

A "How To" Guide to Boost and Build Unbreakable, Dominant Confidence.

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In my book **Improve Your Self-Esteem** you will find the following sections as you work your way through the book,

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