



Trauma Healing at the Clay Field: A Sensorimotor Art Therapy Approach (Paperback) - Common

By (author) Cornelia Elbrecht

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Using clay in therapy taps into the most fundamental of human experiences - touch. This book is a comprehensive step-by-step training manual that covers various aspects of 'Work at the Clay Field', a sensorimotor-based art therapy technique. It includes photographs and informative case studies throughout.

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