

Slow Love: How I Lost My Job, Put on My Pajamas, and Found Happiness

Dominique Browning



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Slow Love: How I Lost My Job, Put on My Pajamas, and Found Happiness Dominique Browning "In burnished, exquisite prose, Browning describes her feelings of being set adrift until she gradually transforms her helter-skelter days into a deliberate, contemplative way of life." -The Boston Globe

In late 2007, Dominique Browning, the editor-in-chief of Conde Nast's House & Garden, was informed that the magazine had folded-and she was out of a job. Suddenly divested of the income and sense of purpose that had driven her for most of her adult life, Browning panicked. But freed of the incessant pressure to multitask and perform, she unexpectedly discovered a more meaningful way to live.

Browning's witty and thoughtful memoir has already touched a chord with reviewers and readers alike. While untold millions are feeling the stress of modern life, Slow Love eloquently reminds us to appreciate what we have-a timely message that we all need to hear.



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From reader reviews:

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Allison Walters:

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Paulette Wang:

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