



Trauma: Contemporary Directions in Theory, Practice, and Research

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Trauma: Contemporary Directions in Theory, Practice, and Research is a comprehensive text on trauma, including such phenomena as sexual abuse, childhood trauma, PTSD, terrorism, natural disasters, cultural trauma, school shootings, and combat trauma. Addressing multiple theoretical systems and how each system conceptualizes trauma, the book offers valuable information about therapeutic process dimensions and the use of specialized methods and clinical techniques in trauma work, with an emphasis on how trauma treatment may affect the clinician. Intended for courses in clinical practice and psychopathology, the book may also be useful as a graduate-level text in the allied mental health professions.

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