



# Key Concepts in Health Psychology

*Ian Albery, Marcus Munafo*

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**Key Concepts in Health Psychology** Ian Albery, Marcus Munafo

**Key Concepts in Health Psychology** aims to provide the reader with a comprehensive understanding of the key issues, theories, models, and methods in contemporary health psychology. It allows the reader the opportunity to engage with a full range of approaches and methods in a very diverse field, and importantly to be able to appreciate the relationships between these.

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