



SHTF Preparedness: How to Build A Root Cellar To Survive Any Disaster And Get Your Family Out Alive (Preppers Survival Guide, How to Build a Bunker, SHTF Stockpile)

Adam Hawkins

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SHTF Preparedness

How to Build A Root Cellar To Survive Any Disaster And Get Your Family Out Alive

A root cellar is essentially a giant freezer box, a way to preserve a vast quantity of food without having to worry too much about it going bad – for this reason, the specifications for building and maintaining a root cellar depend on a number of different factors, including but not limited to: soil density, type of soil, type of food being kept, and location.

All of these variables act in different ways on organic matter, and we will cover all three basic rules and hints and strategies about the best way to construct your own root-cellar, including:

- Achieving and maintaining a high humidity
- Manufacturing a good ventilation and temperature
- The advantages and benefits of root cellars
- Simple construction methods and tips on energy conservation

We will also take a look at some of the best foods to keep in a root-cellar, and where on your property is the best place to put one. Because a root-cellar is essentially a low-tech addition, it is usually a very small investment for a very large return. For example, having endives or cabbage in December. Additionally, it also makes a great pantry space for other kinds of preserved foods, especially canned goods.

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