

# "The Miracle Cabbage Soup Diet"-How to Lose 5,10,15 pounds in one week!!!

Carol L. Matthews R.N.



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"The Miracle Cabbage Soup Diet"-How to Lose 5,10,15 pounds in one week!!! Carol L. Matthews R.N. The Miracle Cabbage Soup Diet is for people looking for a healthy and quick way to lose weight. It is a miracle weight loss guide that offers a healthy and proven strategy for losing 5, 10, even 15 pounds in one week. Keep all the weight off by following the easy maintenance plan and learn fresh ideas on how to think about your body and learn how the act of eating food should be self honoring. Empower yourself and lose weight as well as cleanse your body from toxins that are making your body work harder. Learn how losing weight is not enough. Instead, learn how to release the weight you desire and never find it again!



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